

## Northern Urology Research Collaborative

### Development of a Urology Collaborative

ASiT Meeting April 2013

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On behalf of NURC

# Outline

Background

Progress

Current projects

Future plans



# Background

- Northern deanery
  - Newcastle to Middlesbrough to Carlisle
  - 4 urological units
  - Paeds urology/transplant post
  - 18 trainees
- Biannual NEUS meeting
- Previously limited multi-institutional projects



# Benefits

- Difficult to conduct good quality research alone
- Natural network
  - Registrars rotating
  - Potential for multicentre trials
- A multitude of benefits (as discussed)



# Background

- Instigated by the suggestion of Professor R Pickard 2012
  - Had contact with the RCS and also the WMRC
- Assessment of interest of SpR's
- Presentation by Mr Pinkney (WMRC) and advice on how we could set up.
- First meeting August

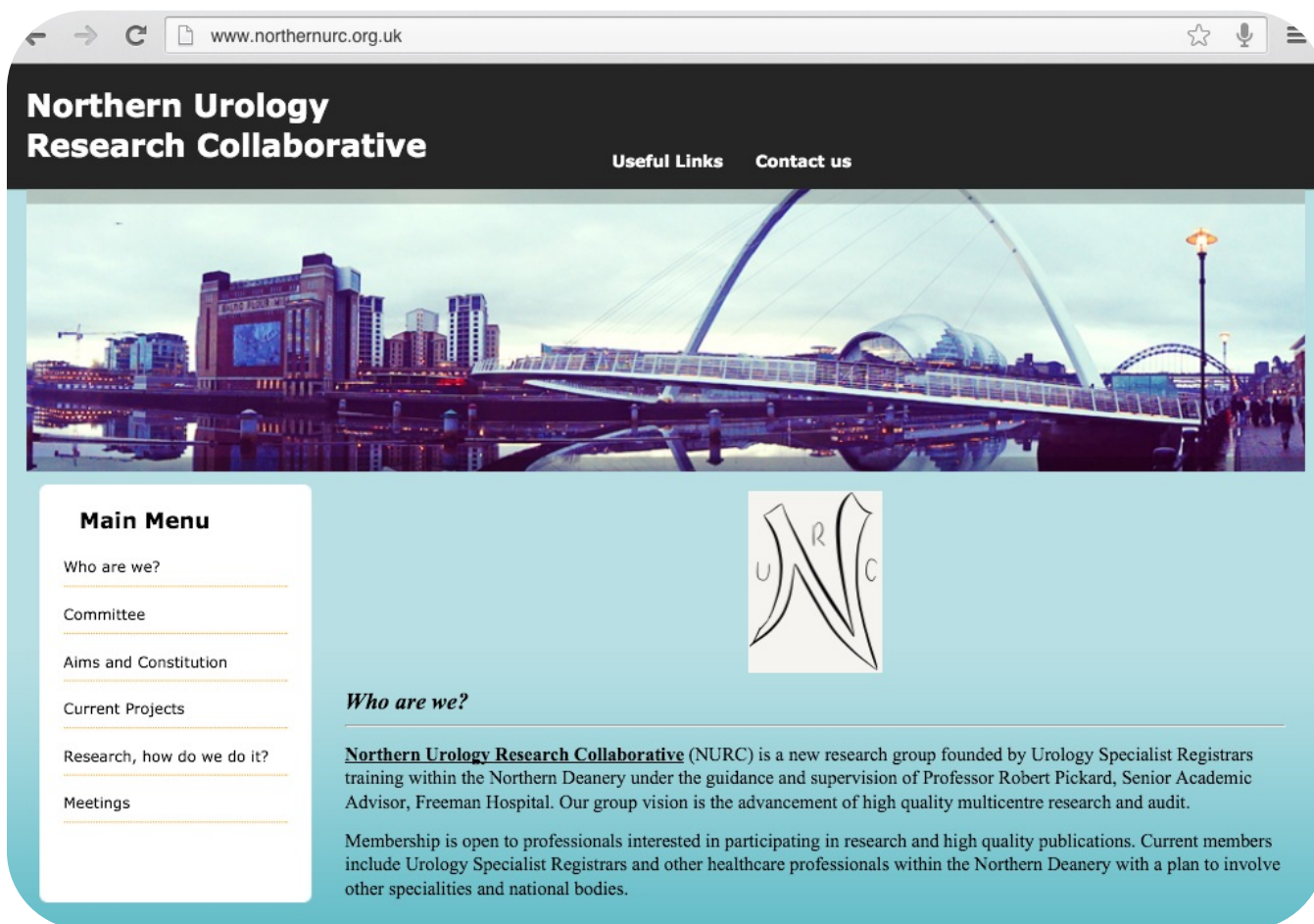


# Progress

- Committee set up (Chair/sec/web/treasurer)
- Funds (NEUS/other research 'pots')
- Once monthly Thursday evening meetings
  - Transparent, minuted, etc.
- New ideas forum and decision on projects to pursue



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**Northern Urology Research Collaborative**

Useful Links   Contact us

**Main Menu**

- Who are we?
- Committee
- Aims and Constitution
- Current Projects
- Research, how do we do it?
- Meetings

**Who are we?**

**Northern Urology Research Collaborative (NURC)** is a new research group founded by Urology Specialist Registrars training within the Northern Deanery under the guidance and supervision of Professor Robert Pickard, Senior Academic Advisor, Freeman Hospital. Our group vision is the advancement of high quality multicentre research and audit.

Membership is open to professionals interested in participating in research and high quality publications. Current members include Urology Specialist Registrars and other healthcare professionals within the Northern Deanery with a plan to involve other specialities and national bodies.

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# Progress – Current Projects

- Outcomes of high risk CaP
- Multi-institutional prospective audit of factors affecting SpR Management of the acute scrotum
- Nationwide email survey of urology SpR's on management of testicular torsion (utilising SURG)
- Associated Risk of UTI following intravesical botulinum toxin A (ARUBA study): a prospective multi-institutional study.





# Set up - potential problems

- Getting us 'on board' – ownership and time
- Decision on 'what projects' to do – need for a 'Godfather'
- How many people for each project
- Formation of 'authorship' policy
- Engagement of consultants and STC
- Rotation of posts - The benefit is also the disadvantage



# Challenges

- Difficulties experienced
- Anticipated completion points
- Transition to new projects
- Establishment of the NURC and acceptance of it by consultant trainers



# The Future

- Finish and publish projects.
- Only one other urology collaborative currently in set-up (as far as we are aware)
  - To raise the awareness of collaborative at a national level e.g. BAUS.
  - To develop inter-collaborative working when other collaborates formed
  - To utilise SURG; as natural network




# The Future

- Local collaboration with NoSTRA and other research bodies (CRLN, trials unit etc)
- Educational component of meetings to develop
  - Next meeting Prof Stansby (Cochrane unit)
  - NURC members sponsored to attend critical appraisal course in May
- To aim towards RCT's

**"A review of the literature  
– systematic? Cochrane?  
Does it matter?"**

Prof G Stansby  
speaking at a NURC meeting  
19.30 – 20.00  
Urology Seminar Room  
Level 3 Freeman Hospital  
(refreshments provided)

*An engaging talk on performing  
good reviews and the local  
resources that can help.*



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Any Questions?



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